



Baseline Evaluation

DATE: _____

Name _____
 Address _____ City _____ State _____ Zip _____
 Social Security No. _____ Date of Birth _____ Age _____
 Pre-Placement Random Post-Accident Annual Physical Return to Duty

Physical Examination

General:
 Sex: _____ Race: _____ Height: _____' _____" Weight: _____ lbs.
 BP: Left _____/ _____ Gait: _____ Speech _____
 Disfigurement: _____
 Vision: Right 20/ _____ Left 20/ _____ Both 20/ _____
 With or w/out corrective lenses. Color Test: _____
 Evidence of disease or injury: _____
 Hearing: Right ear _____ Left ear _____ Disease or injury _____
 Thorax: Heart _____ Pulse _____ Pulse after exercise _____
 Lungs _____
 Abdomen: Scars _____ Abnormal masses _____
 Tenderness _____ Hernia: _____
 If so, where? _____ Positive Kidney punch _____
 Extremities: Upper _____ Lower _____
 Reflexes: Knee Jerks Right _____ Left _____
 Spine: _____ Evidence of disease or injury _____

ROM:	Cervical Spine	Lumbar Spine
Flexion	0 1 2 3 P	0 1 2 3 P
Extension	0 1 2 3 P	0 1 2 3 P
Left lateral flexion	0 1 2 3 P	0 1 2 3 P
Right lateral flexion	0 1 2 3 P	0 1 2 3 P
Left rotation	0 1 2 3 P	0 1 2 3 P
Right rotation	0 1 2 3 P	0 1 2 3 P

ROM (grade restriction)Key:
 0=No Restriction 3=Severe Restriction
 1=Mild Restriction P=Pain
 2=Moderate Restriction

Comments _____

Notes _____

Health History

(check appropriate box)

Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Head or spinal injuries
<input type="checkbox"/>	<input type="checkbox"/>	Syphilis
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease
<input type="checkbox"/>	<input type="checkbox"/>	Urethral discharge
<input type="checkbox"/>	<input type="checkbox"/>	Seizures, fits, convulsions, or fainting
<input type="checkbox"/>	<input type="checkbox"/>	Gonorrhea
<input type="checkbox"/>	<input type="checkbox"/>	Muscular disease
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	Suffering from any other disease
<input type="checkbox"/>	<input type="checkbox"/>	Extensive confinement by illness or injury
<input type="checkbox"/>	<input type="checkbox"/>	Gastrointestinal ulcer
<input type="checkbox"/>	<input type="checkbox"/>	Nervous stomach
<input type="checkbox"/>	<input type="checkbox"/>	Rheumatic fever
<input type="checkbox"/>	<input type="checkbox"/>	Asthma
<input type="checkbox"/>	<input type="checkbox"/>	Cardiovascular disease
<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis
<input type="checkbox"/>	<input type="checkbox"/>	Permanent defect from illness or injury
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric disorder
<input type="checkbox"/>	<input type="checkbox"/>	Have you had back pain
<input type="checkbox"/>	<input type="checkbox"/>	Have you had neck pain
<input type="checkbox"/>	<input type="checkbox"/>	Headaches on a regular basis
<input type="checkbox"/>	<input type="checkbox"/>	Any other nervous disorder

If answer to any of the above questions is yes, explain:

CHECK HERE IF NOT QUALIFIED

Dr.'s/EMT signature _____